## **HEALTH AND SAFETY TRAINING**

As part of the federal Child Care and Development Block Grant Act 2014, states must require health and safety pre-service or orientation training for all eligible CCDF providers. The new law requires documentation of training in 10 specific health and safety topic areas as well as highly recommends training in child development. The intent of the training is to support basic health and safety standards designed to prevent harm to children. Please note that not all in-person trainings are offered regularly. You will need to access the training calendar of your local Child Care Resource and Referal or other training organization to determine if and when a certain topic will be offered. The federal rules do not state the number of hours of training required in each training topic; therefore, the Division will approved the training if the length of the training is at least one hour.

This list will be updated as additional trainings are identified and approved.

1. Prevention and Control of Infectious disea	ase (including immunizations)			
Approved Training Title/Topic	Training source	How can a facility access?	Format/Hours	Hours
Infectious Disease Control: Kick Those Germs	Pro-Solutions	ProSolutions Training	online	1
to the Curb!				
**See ProSolutions Training website, Course				
Catalog page for other online training				
options in this content area.				
Childhood Immunizations: A Training for Early Childhood Educators	CCR&R, CCHC	CCR&R	in person	2
Curriculum for Managing Infectious Diseases in Early Education and Child Care Settings	American Academy of Pediatrics/Healthy Futures	http://www.healthychildcare.org/PDF/MIDAccessFlyer.pdf	online	3
Keep It Clean	NC Health and Safety Resource Center, CCHC	CCRR	in person	2
Communicable Diseases	CCR&R, CCHC	CCR&R	in person	
Bloodborne Pathogens	CCR&R Staff	CCR&R	in person	
Common Health Practices	CCR&R, CCHC	CCR&R	in person	
Handwashing	CCR&R, CCHC, OTHER	CCR&R	in person	
Proper Diapering	CCR&R, CCHC	CCR&R	in person	
Recognizing Childhood Illness	CCR&R Staff	CCR&R	in person	
Sanitation & Disease Prevention	CCR&R, Health Department, CCHC	CCR&R	in person	

2. Medication Administration				
Approved Course Title/Training	Training source	How can a facility access?	Format	Hours
Medication Administration in the Child Care	ProSolutions Training	ProSolutions Training	online	2
Setting: Utilizing Proper Practices and				
Procedures				
Medication Administration in Child Care	NC Child Care Health and Safety Resource Center  *CCHCs, Private Contractors and Health	CCR&R	in person	5
Medication Administration in Early	Departments also offer the training.  American Academy of Pediatrics/Healthy	http://www.healthychildcare.org/PDF/MedAdminAccess	online	2
Education and Child Care	Futures	<u>Flyer.pdf</u>		
Asthma and Allergies In Child Care	CCR&R Staff	CCR&R	in person	

3. Prevention and response to emergencies due to food and allergic reactions				
Approved Course Title/Training	Training source	How can a facility access?	Format	Hours
Food Allergies: Recognizing Allergic Reactions and Meal Planning in the Child Care Setting	ProSolutions Training	ProSolutions Training	online	1
Anaphylaxis and allergies	NC Child Care Health and Safety Resource Center, CCHC	<u>CCR&amp;R</u>	in-person	
Beyond a Peanut	CCR&R, CCHC	CCR&R	in person	
Food Allergies	CCR&R, CCHC	CCR&R	in person	
Severe Allergic Reactions & EpiPen	CCR&R, CCHC	CCR&R	in person	

4. Building and physical premises safety, in	4. Building and physical premises safety, including identification of and protection from hazards, bodies of water, and vehicular traffic				
Approved Course Title/Training	Training source	How can a facility access?	Format	Hours	
Essentials of Indoor Safety	ProSolutions Training	ProSolutions Training	online	2	
Fire Safety	CCR&R Staff	CCR&R	in person		
Home Safety: Preventing Injuries	CCR&R Staff	CCR&R	in person		
Lead Issues in Child Care	CCR&R Staff	CCR&R	in person		
Playground Safety	CCR&R Staff, Private Contractors	CCR&R	in person		
Supervision and Safe Environments	CCR&R Staff, Private Contractors	CCR&R	in person		
Infant Toddler Zone	CCR&R Staff	CCR&R	in person		
Nursery & Classroom Safety	CCR&R Staff	CCR&R	in person		
Transportation Safety	CCR&R Staff	CCR&R	in person		
Poison Prevention	CCR&R, Other	CCR&R	in person		

5. Emergency preparedness and response planning for emergencies resulting from a natural disaster, or a man-caused event (such as violence at a child care facility), within the meaning of those terms under section 602(a) (1) OF THE Robert T, Stafford Disaster Relief and Emergency Assistance Act.

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Approved Course Title/Training	Training source	How can a facility access?	Format	Hours
Emergency Preparedness: Better Safe Than	ProSolutions Training	ProSolutions Training	online	1
Sorry!				
Emergency Preparedness and Response in	NC Child Care Health and Safety Resource	CCR&R	in person	5
Child Care	Center, CCHC			
** This is a <b>five hour</b> training intended for				
EPR in Child Care designees. If you are not				
an EPR designee, please look for another				
EPR training. The state has limited capacity				
and needs to give priority to EPR in child				
care designees. The designees can count this				
training.				

Approved Course Title/Training	Training source	How can a facility access?	Format	Hours
Essentials of Indoor Safety	ProSolutions Training	ProSolutions Training	online	2
Bloodborne pathogen guidelines – exposure control for OSHA	CCHC, CCRR	CCR&R	in person	
Bloodborne Pathogens Training	CCHC, CCRR	CCR&R	in person	
Environmental Health/Rules and Regulations	CCR&R	CCR&R	in person	
7. Appropriate precautions in transporting cl	hildren (if applicable)		•	
Approved Course Title/Training	Training source	How can a facility access?	Format	
Transportation Safety: Keeping Kids Safe	Pro-Solutions	ProSolutions Training	online	2
Get Ready, Get Set, Go!	CCR&R	CCR&R	in person	
Child Passenger Safety	CCR&R. Other	CCR&R	in person	

Approved Course Title/Training	Training source	How can a facility access?	Format	
Sudden Infant Death Syndrome (SIDS) - Reducing the Risk	ProSolutions Training	ProSolutions Training	online	1
only an option if not an infant teacher or				
administrator				
ITS-SIDS	NC Child Care Health and Safety Resource Center, CCHC	CCR&R	in person	2

9. Prevention of shaken baby syndrome and	ntion of shaken baby syndrome and abusive head trauma			
Approved Course Title/Training	Training source	How can a facility access?	Format	
Recognizing and Responding to Suspicions of Child Maltreatment	Prevent Child Abuse NC	www.preventchildabusenc.org/services/trainings-and- professional-development/rrcourse	online	2
*This is the required training to meet NC Child Care Rules. It can also be used to meet the CCDF requirements.				
Brain Development: Amazing Brains, Amazing Babies	ProSolutions Training	ProSolutions Training	online	1
Shaken Baby Syndrome (SBS)	CCR&R, Private Contractor	CCR&R	in person	
The Period of Purple Crying Training	CCHC	CCR&R	in person	
Recognizing and Reporting Child Abuse	CCR&R, DSS, Other	CCR&R	in person	
Prevention of Child Sexual Abuse	CCR&R, Private Contractor, Other	CCR&R	in person	
Partnering with Parents to Prevent Child Abuse and Neglect or PCAN	CCR&R	CCR&R	in person	
Impact of Domestic Violence on Children	CCR&R	CCR&R	in person	

10. First Aid and Cardiopulmonary Resuscitation				
Approved Course Title/Training	Training source	How can a facility access?	Format	
Pediatric First Aid	Approved Training Agencies	Go to approved agency websites and CCRR	in person or	
CPR appropriate for the ages of children in			blended (online	
care			and required in-	
			person	
			component)	